

DISCLAIMER

This paper is a condensation of various publications and other materials on oxygen, relevant therapies, etc. and is published for general information only. It is not to be construed as an attempt to encourage to self-treat disorders. Should any reader wish to treat themselves or their family in any way, then it is strongly recommended that they first seek advice from a competent health-care professional with expertise in the proposed mode of treatment. The information herein is considered correct at the time of compilation, but readers should be aware the field is dynamic and some information may become obsolete.

OXYGEN THERAPIES

NEXUS MAGAZINE (AND OTHERS) HAVE RECEIVED REPORTS ABOUT HOW OXYGEN THERAPY HAS BEEN USED TO SUCCESSFULLY TREAT AIDS AND CANCER. REPORTS ARE ALSO COMING IN THAT THIS INFORMATION IS BEING "SUPPRESSED" IN MANY MAJOR WESTERN COUNTRIES. THIS MAY WELL BE BECAUSE A SUCCESSFUL TREATMENT FOR AIDS OR CANCER WOULD SHATTER A MULTI-BILLION DOLLAR "RESEARCH" INDUSTRY.

BACKGROUND TO OXYGEN THERAPY

The role of oxygen in human and animal health has been overlooked for so long. The reason remains a mystery. Research over the past few decades found that when pigs and calves were kept in sheds which were designed to promote good air circulation and maintain the full complement of oxygen, a virus could hardly travel a metre. But if the oxygen level was lowered by only a few percent the virus could travel around the facility easily. Further research showed that homes and offices that were closed up in winter to retain the heat and in summer to keep in the cool (especially those with central heating and air-conditioning) were "sick" buildings. That is, they were veritable virus traps because of stale oxygen-reduced air and the people who lived or worked in them had higher rates of illness.

Scientific research has since shown that the AIDS virus cannot tolerate high oxygen levels in its victims' blood. In addition, every other disease organism tested so far apparently has the same weakness. **Researchers have shown that even cancer grows contract and disappear when the oxygen saturation is sufficient increased in the Quids surroundig them.** The general conclusion is that disease organisms are anaerobic - that is, they thrive in a low-oxygen environment. On the other hand, these organisms die or are destroyed in a high-oxygen aerobic environment.

OXYGEN IN THE BODY

Oxygen is a colourless, odourless gas which comprises about 45% of the earth's crust and about 21% of our atmosphere. Hydrogen is the most abundant element in the universe. Hydrogen (H) and Oxygen (O) are two gases necessary for life. Combined with carbon they form carbohydrates. Combined with each other they make water. If you saturate water with extra oxygen you get hydrogen peroxide (H₂O₂)

As with all things that exist, a balance is needed between opposites (positive/negative, Yin/Yang, light/dark, hot/cold, soft/hard, male/female etc). Hydrogen is associated with the properties of solidification, integration and concentration. It brings together a matrix of energies and evolves them into solid forms. It builds body cells but if left unmodulated makes them hard and brittle. Oxygen balances these effects, being associated with dissolving, disintegrating, and

deconcentrating. Oxygen represents the opposite pole of creation, being the fluid substance that hydrogen builds life forms from. Oxygen keeps cells clean and flexible and removes unneeded substances.

Generally speaking, hydrogen in our bodies makes things hard but oxygen softens them up.

Examples of these actions are the industrial food processors using hydrogen to thicken vegetable oil into margarine and nature using the rapid oxygenation of fire to decompose something quickly. In our bodies they perform similar functions - the hydrogen gives our bodies structure and the oxygen burns the food that is used to make the structure as well as cleaning up afterwards.

A clean body is more healthy. If there is not enough oxygen then both the solidifying function and incomplete combustion occur to excess. Leftover incomplete combustion byproducts collect in our cells. We say the body is toxic, or has a buildup of waste products. Under these conditions the immune system has a hard time fighting off disease. All the cells and fluids have become "dirty". In other words if our body oxygen level drops too low then we don't have much energy. If a chronic low oxygen condition is allowed to continue, we can't manufacture healthy cells, "burn" energy, or remove the "ashes". Under this increasing stress the immune system tries harder and harder to do its job but is so overwhelmed from trying to clean out the "dirt" that illness might result.

Most older people are considered "brittle" when it comes to their body parts. They usually have built up waste products in their cells, don't get enough exercise, have eaten a lifetime of hydrogenated or oxygen deficient foods, and are "short breathers". They are not getting enough oxygen and the solidifying characteristics of hydrogen are dominating.

Body oxygen levels can drop for a variety of reasons, the obvious ones being injury or disease. Air should have about 20% oxygen but in the industrial cities it can drop to around 10%. Ancient mummies that were trapped in amber have been analysed as containing twice as much oxygen as we now have in our air. Tap water loses oxygen from being chlorinated. Cooking drives oxygen out of vegetables (have you noticed how many raw fruit and vegetable diets there are?)

OXYGEN THERAPY

Hyperoxygenation therapies are also known in various circles as oxygen therapy, bio-oxidative therapy, or auto-hemotherapy. The two initial types of oxygen therapy were ozone blood infusion and absorption of oxygenated water (hydrogen peroxide) at very low concentrations. The most recent method is the absorption of stabilised electrolytes of oxygen (NACLO) which has certain advantages over the other two. AIDS, herpes, hepatitis, Epstein-Barr virus, cytomegalovirus and other lipid-envelope viruses have been readily destroyed by hyper-oxygenating the patient's blood with ozone. This was demonstrated by, inter alia, Dr. Horst Kief in Bad Hersfeld, West Germany. Dr. Kief has claimed to have cured a number of AIDS victims by drawing blood, infusing it with ozone and returning it to the patient, at regular intervals until the virus is gone. (He can be reached through Biozon Ozon-Technik GmbH, An Der Haune #10, Bad Hersfeld, D-6430, Federal Republic of Germany.) Dr. S. Rilling of Stuttgart and Dr. Renate Viebahn of Ifezheim are among other physicians who have obtained similar results with

their patients. (They are with Artzlich Gesellschaft für Ozontherapie and JrJ Hansler GmbH respectively.)

For many years the health sciences have been seeking to identify the primary principle behind the physical causes of all diseases and the cure-all that this basic principle would reveal. Now both appear to have been found, however, their utter simplicity makes them difficult to accept. After all if it is so simple why hasn't it been obvious all along?

Our bodies are composed mostly of water, which is 8 or 9% oxygen. Most nutritional studies tend to get caught up in the minute details of biochemistry and overlook our most abundant and essential element, and the fundamental role of its depletion in causing illness. Of all the elements, only oxygen is in such constant demand by our body that its absence brings death in minutes.

Scientific research has shown that the AIDS virus cannot tolerate high levels of oxygen in its victims' blood.

The main difference, for healing purposes, between benign microorganisms (including our own cells) and those which cause disease, is that the latter require much lower oxygen levels. This is believed to be due to their more primitive evolutionary origins during the ages when oxygen was far less abundant. Now their descendants can only survive in low

oxygen environments such as accompany stagnation and decay. To become a growth medium for such parasites one has to have allowed the oxygen saturation of the body's fluids to drop well below the optimum level for healthy cell growth and function.

There are three substances currently used for restoring one's oxygen balance to healthy range. They are **OZONE** (O₃), **HYDROGEN PEROXIDE** (H₂O₂), both of which are highly toxic when concentrated which has tended to obscure their germicidal value except as a skin antiseptic, and **STABILISED OXYGEN** - the result of a research and development program to find a substance which can convey the benefits of ozone and peroxide, but without the negative aspects.

STABILISED OXYGEN THERAPY

Stabilised oxygen correctly known as Stabilised Electrolytes of Oxygen (SEO), is sold in Australia under the brand name of NACLO. It is produced overseas to strict standards, the initial batches were made in the US and future batches will be made in New Zealand and are expected to exceed the specifications of the US product.

Stabilised oxygen has been in use in the US since the 1950's and there are about eight brands on the market at the moment (some trade names include: Arloy 100; sterlit; Aerobic 07; Aerox). They are alkaline and similar in effect to hydrogen peroxide, but are more stable, and instead of releasing gas in the stomach they react with stomach acids. As a result of this reaction they release molecular oxygen into the bloodstream. This reaction seems to avert any nauseous feelings (which is often reported with hydrogen peroxide) and does not require the action of the enzyme catalase (the quality of action of hydrogen peroxide seems to depend on the amount of the enzyme catalase available). Another plus is that there is no unpleasant taste.

FORMULA

The formulae of the different SEO products vary slightly. NACLO is based on Sodium Chlorite (NaClO₂), and is a liquid concentrate of electrolytes of oxygen, which are made available to the body, in molecular form when ingested. Electrolytes are any substances that

dissolve in water and conduct electricity. The genius of the formulation is that it provides a way to have the two most abundant and important electrolytes of body fluid—sodium and chlorine, act as the oxygen carriers. The unique sodium chlorite formulation stabilises millions of oxygen molecules in solution with electrons galore. A drop of NACLO contains at least 1200 times more oxygen than a drop of water. NACLO is extraordinarily stable until it comes into contact with stomach acid.

METHOD OF ACTION

SEO contains Sodium Chlorite, de-ionised water, and a buffer. It typically is very alkaline with a pH of 12 to 13 (therefore it should never be put directly on the skin without diluting it first!). (Note: H_2O_2 is slightly acid.) When SEO is diluted in a glass of water the pH drops from 12 - 13 down to about pH 8.6. This lowering of the pH in water causes the separation of chlorite ions and stabilised oxygen molecules (O_2) from the sodium atoms. Tiny amounts of chlorine dioxide are also released.

This action destroys microbes in the water (NACLO would be good to carry when travelling overseas).

Then after ingestion, when the diluted SEO (pH 8.6) encounters stomach acid (pH 3) an even stronger reaction occurs and it generates more molecular oxygen, more chlorite ions and more chlorine dioxide. Subsequent reactions produce Peroxidase and Chloroperoxidase, which combine to form H_2O_2 . This hydrogen peroxide is perfect for the body in that it has the correct polarity and electron spin. It enters the blood and cannot over-oxidise the cells because the iron atoms on the red blood cells can only release the

amount of oxygen which the cells can use. So, not only is there a wealth of energetic oxygen to be immediately absorbed into the bloodstream, but you have the specific "oxidisers" of chlorite and chlorine dioxide destroying viruses, bacteria and protozoa.

Thorough investigation into the use and effects of NACLO and other brands of SEO since the 1950s have failed to reveal any disadvantages or unwanted side effects.

For best effect, NACLO should be taken with the required number of drops diluted in a glass of clean water - about 200ml to 300ml, and it should be taken from half an hour to one hour after meals when the stomach acid is at its highest. NACLO is lighter than water, so always add the NACLO to the glass first, then pour in the water. This results in thorough dispersal of the NACLO throughout the fluid.

Normal recommendations are that dosage should commence at 10 drops once daily, increasing to twice daily after a few days.

Some people can experience mild-Discomfort after taking SEO for a few days - especially if they move

quickly up to the larger doses. This is caused by the body commencing a detoxifying program and having a general clean-out. However the symptoms (which could include loose bowels, skin rashes, increased mucus from the lungs etc) are a good sign that the body is responding and working on correcting some internal problems.

(Nexus Magazine has also presented articles on hyper-oxygenation, involving Hydrogen Peroxide, in both medicine and agriculture. You can order these back issues, ie:- #9, #10, V2.#1 and V2.#2, by using the coupon on the last page of this issue.)

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